

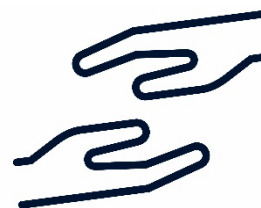
# Easy Read

## Getting help from an Advocate

Hunter Disability Services wants you to know that you can get help from an Advocate if you need it. We explain how to do this below.

An advocate is someone you can trust and who is on your side.

- They can help you to tell people what you want.
- They can help you to tell people what you need.
- They can help you to tell people when something is wrong.



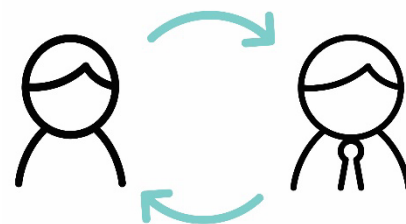
Everyone can have an advocate to help them.

- An advocate can be a family member.
- An advocate can be a friend you know well.
- An advocate can be a support person you know well.



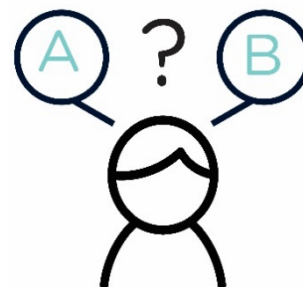
An advocate can be a professional advocate.

A professional advocate is paid to be an advocate for their job.



An advocate can help you make decisions.

An advocate can help you understand information.



An advocate can help you say what you want.

An advocate can help you get the services you need.

An advocate can help you know about your rights

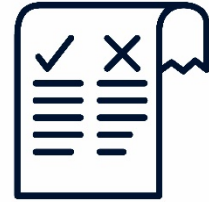


# Easy Read

## Getting help from an Advocate

Rights are:

- Things we can all have
- Things we can all feel
- Things we can all get
- Things we can all do



We all have rights. We all have equal rights.

This means we all have the same rights.

This means we can all expect to be treated fairly.



An advocate can help you if you are not treated fairly.



An advocate can help you if you experience discrimination.

Discrimination is when one person does not treat another person the same as everyone else.

Discrimination is when one person is treated unfairly by another person.



An advocate can help you make a complaint.



An advocate can help you write a letter or email or make a phone call about what happened.

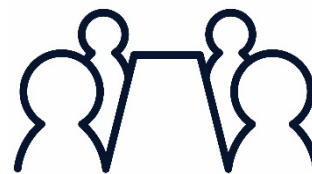


# Easy Read

## Getting help from an Advocate



An advocate can help you in a meeting to talk about the problem.

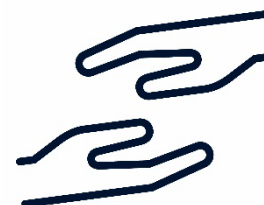


An advocate can help you get advice on legal problems.



You have the right to ask for help from an advocate if you want that.

If you need one, there are professional advocates working at these places who will try to help you fix the problem.



If you would like to use an advocate when HDS needs to talk with you about your supports, please let us know so we can put it on your support plan.



You or someone you trust, can call to speak to an advocate in your area:

### Disability Advocacy NSW Newcastle

**Address:** Suite 1 Level 2, Devonshire House,  
408 King Street  
NEWCASTLE WEST 2302 NSW

**Phone:** 1300 365 085

**Email:** [newcastle@da.org.au](mailto:newcastle@da.org.au)

**Website:** [www.da.org.au](http://www.da.org.au)

### Disability Advocacy Finder

<https://disabilityadvocacyfinder.dss.gov.au/disability/ndap/search>

